

# Trauma and Healing after a Critical Event Community Discussion and Support Groups

**THIS EVENT IS OPEN TO COMMUNITY MEMBERS THAT WORK OR LIVE IN SANTA CLARA COUNTY AND THOSE IMPACTED DIRECTLY AND INDIRECTLY BY THE VTA SHOOTING**



Date/Time	Registration Link
Thursday, 9/16/2021 12pm – 1pm	<a href="https://bit.ly/3kjuLiP">https://bit.ly/3kjuLiP</a>
Thursday, 9/23/2021 9am – 11am <i>Note: Dr. Bruce Perry will speak on resilience and healing form 9a-10a, followed by discussion/support groups</i>	<a href="https://bit.ly/3ySU4xk">https://bit.ly/3ySU4xk</a>
Thursday, 10/7/2021 12pm – 1pm	<a href="https://bit.ly/2VWaK9j">https://bit.ly/2VWaK9j</a>
Monday, 10/18/2021 4pm – 5pm	<a href="https://bit.ly/3iWclIQ2">https://bit.ly/3iWclIQ2</a>
Tuesday, 11/9/2021 4pm – 5pm	<a href="https://bit.ly/2VWb0Fj">https://bit.ly/2VWb0Fj</a>
Tuesday, 12/14/2021 4pm – 5pm	<a href="https://bit.ly/3mbxkpx">https://bit.ly/3mbxkpx</a>

**Behavioral Health Clinicians will facilitate groups focused on:**

Strategies to support recovery and healing

Identification of mental health and wellness needs

Resource and referral information



**Together We Heal**